THE BASSANO RECORDER

VOLUME SIX; NUMBER 34

Personals

frs. Roy Alian was a Calgary tor on Friday.

fr. George Smith of Kneehill at the week-end at his home in

Sassano.

Miss Winnifred Playfair of Calary spent Sunday in Bassano.

Miss Mary Lore was a week-end
islitor to her home at Lathom.

Mr. and Mrs. E. J. Hannaford and daughter Shirley. Mr. and Mrs. E. J. Hannaford and daughter Shirley. Mr. and Mrs. A. Flanagin of Hytton and Mrs. Williams and Mrs. Williams and Mrs. Williams and Mrs. J. Flanagin and Mrs. J. J. Hannaford and Mrs. J. Hannaford and Mrs. J. F. Heard arrived on Tuesday evening from Nanaimo, B. C. on a visit to the received on Tuesday evening for Kingston, Ontario, where he will altern Mrs. Hannaford Milliams (Diego for a three tonnih: Company Commander's course. Dutting his absertee, Mrs. Heard will minist all Blenna Mrs. S. H. Edwards, incredury of the Bassano Municipal Hospital, attended the smnual convention of the Bassano Municipal Hospital in Chiery this year.

Agry this week.

Mr. and Mrs. Clive Nesbitt and daughters of Brooks were guests at the home of Mr. and Mrs. J. Stiles last week-end.

Mrs. R. V. McCullough spent Friday in Calgary.

**************** R. C. NOTES

The ladies of the R. C. Ladies. Altas Society issue a special invitation to all their friends, both mentions to all their friends, both mentions to all their friends, both mentions to all their friends. The state of the state of their friends and sales which will be held on Saturdays, November 28th, at six of clock in the IO.O.F. Hall. Donations are still coming in for the hamper, which will be railfied in evening, when grabs for the children will take be on hand, Dou't form the state of the state of the hamper, are on all now for the hamper, are on all now for the hamper, are on all now for the hamper, and the state of t

YOUNG PEOPLES

retary. Miss Alius Hopkins, were elected, Tready evening was voted the most suitable to hold all further meetings.

An organization meeting was a continuous of the continuous and the following were elected to office. Mr. Riton Barlow, Vice-President; Miss Norma Smith, Treasurer, and these committees members will set for a three month period. Devotional—Miss Parieds Itudd, Devotional—Miss Parieds Itudd, MacLean.

Educational—Miss Mursen Max-suell, Mrs. Roy Aline and Miss Margaret Planagan.

Works—Mr. Ted Redmond. Miss Dutete Douglas, Miss Mittlerd MacLean.

Educational—Miss Mursen Max-suell, Mrs. Roy Aline and Miss Miss Walles.

On Tuesday, November 17th, each committee was allotted one half some paried of the XIII Paalm, and an instructive all on "Faith." The Educational group used their portion of time in determining the mental of the XIII Paalm, and an instructive all on "Faith." The Educational group used their portion of time in determining the mental of the XIII Paalm, and an instructive all on "Faith." The Educational group used their portion of time in determining the mental of the XIII Paalm, and an instructive all on "Faith." The Educational group used their portion of time in determining the mental Quit. The Retarchisment and Social Committee Followed up with a very enjoyable Chinnese spalling-bee. Then the Works Committee, held council table discussion of ways assistance in the form of tops plattly brushes, mending material, etc., will be gladly accepted. Flesse contact Mr. Ted Redmond.

LAND OF THAMKS

Land Development and the program of the Works Committee Redmond.

CARD OF THANKS



À Christmas Letter To The Buys In The Services

still a month away, it will be around that day whensome of you will read this.

As a matter of fact, Christmas has already come
and gone for many of us. If some when we sizared to
gather things for you Christmas parcels; it went when
we matted them.

What's doing at houser Mon and Dad and als and
he had are him They's a "little older, They're workthe had are him They's a "little older, They're workhe had are him They's a "little older, They're worka little more of their morey, into the war. The youngst little more of their morey, into the war. The youngst little more of their morey, into the services; they're
at Red Deep, Edmonton, Meleod, Borden, and they're
to him to be be be be to join you over there.

And Christmas—what plout Christmas Well, it's
going to be almost as different for us here at home as
is to try to leftlews over these. Home of its went' put
aren't here to enjoy it. Others of us will put the
cross the control of the control of the control of the control
control of the control of the control of the control

Canada. They are your friends too, but they don't san't many Christman presents.

We're pretty proud of you fellows. We are proud of the job you are doing and the job you've done and we know that when the test comes, you hassance ledlows have the sufft of meet it. That is why we are buying victory Bonda, paying taxes, putting up with hings and doing without We want you to have the equipment and the training and the materials. These things aren't so hard to do when we know we're doing them for you and when we know what you are going through.

them for you was

"It a big job to speak for the people of Bassano.

It's a big job to speak for the people of Bassano.

Perhaps we havest done it very well. But we do want

Perhaps we havest done it very well. But we do want

how proud we are of you this Christmas time.

And we do want to wish you'd a Merry Christmas—

hundreds of them to all of you everywhere.

How Third Victory Strathmore Will Loan Went In Centre For Local Bassano Unit Rationing Board

Bassano Unit

The following figures will give some idea of how the recent Third Victory Loan drive went over in the Basano Chit in all. 200 applications were received. with a total subscription of Albert all subscriptions of Albert alles.

In Basano, 128,560 worth of both of worth of the subscription of Albert alles and the subscription of the

ALLIED VICTORY ON EVERY FRONT

Change on All Fronts

During the past few days the war news from every front has been never from the period of the first few days from the first few d

American and British aimmen are pounding them night and day, with no let up.

The big British-American Invaation force in Africa at the Eastern
are of this Medicuramena are likemarked to the Medicuramena are liketo proposed and the Medicuramena alter prance's key North African protectorate, Tunitish.

Opposing the powerful Allied
force were some 10,000 Nasi and
Fasciats to whom Bittler was reportde to have sen't operation and urgent exhortation to hold, on at any
sent exhortation to hold, on at any

Entry of the fast moving Allied force under Lt.-Gen. Kenneth Anderson in Tunitia. "according to plan" was announced Wednesday by Lt.-Gen. Dujath D. Elsenhower, who said advanced elements swept in from Algeria. A German reconstruction of the second of the

ion and military sutherities."
Out to win and keep control of
the sky over Tunisia, the R. A. F.
delivering punishing blows to the
Axis landing field at Tunis over the
week-end.
The Germans said their airmen
Dombed the harbor and airport at
Bone, Algerian Jumping off place
The Allies had about 1250 miles
to go to form a junction between
their forces in Tunisia and the 8th

Curling Club Elect Officers

Meeting in the Town Hall last Monday night, the Bassano Curling Club elected the following officers for the coming sisson:
Hönorary Presidents, W. S. Playfor and Capt Bill McLaws. Presidents, W. S. Playford World, P. Keithb. Draw Secretary, Harry Beeker, The bayles, Chaplain, Dr. W. P. Keithb. Draw Secretary, Harry Beeker, The homeomership committee well countered to Market Find State Find State

Society.

Last year's fees, rules and regulations will apply this year.

The ladies will organize their
own club again this year, as they
have done in the past.

Those wishing to curl, should
place their names with anyone of
the above named membership committee.



CANADIAN JAP-SLAPPERS

Don't Forget the R.C. Ladies' Supper & Sale on Saturday, Nov. 28, at 6 p.m.

EDWARD J. McCORMICK B.A., LL.B. Barrister, Solicitor, Notary of S15 Lancaster Sidg., Onlyby

Will be in his Bassane office on Saturday, November first

IN THE IMPERIAL HOTEL

Dr. A. G. Scott

M. B. L.M.C.C.

PHYSICIAN & SURGEON

Telephones

Office 37 - Residence 181

A. T. Connolly

The Bassano Recorder

Advertising Rates on Application

An Independent Weekly Newspaper, Published every Thursday at the Recorder Building, Bassano, Alberta

Man Of The Week THAT WORD 'SECURITY' By JAMES J. CARLYLE

THAT WORD 'SECURITY'

DOLLTICIANS ANE BANDVING that word precurity' about in a way that suggests they expect to keep or acquire office by promising voters the moon and six-pence. Even in a seasin whe neveryone is being reminded that buying Victory bonds is an assurance that we shall not fall into slavery, there is nose who points out that security must be paid for as secured to the security of t would not have to accept public or private aid when his carning days are done. That isn't security in the sense of today's political speeches. It is, rather, self-

respecting independence.

The people who are entitled to security without

provining for it are children and others who, because of physical or gental infirmity, are inequable of entributing to production. The problem of people retributing to production the problem of people for extra prosperity will not be solved by paying people for not producting. It will be solved, however, if in a post-way world every able Bodded and mentally completen person has an opportunity to produce goods and services that an extra production of the produce goods and services that the product of the produce goods and services that the product of the p

BEHIND THE START of the powerful combined BEHIND THE START of the powerful combined land, see and sir offensive by the United Nations, there is an extremely important fast. It is the entrance of the initial striking force, together with the British armed services, of the United States in this war under the lesdership of the brilliant statistics and capable tacticism.
LIEUT-GENERAL Lient-General Dwig Nit DWIGHT RISENBOWER Elsenhower, who holds the title of "Commander to Commander to Chem the Commander of the United States Armed Forces in the European Theater of Operations."

Lieut-Gen. Dwight Elsenhower's training and experience are ideal for this particular job since this experience are ideal for this particular job since this

MORE LIGHT

For the price of

a bit of soap!

ACTUAL tests have proved that dust,

reduce the light from your lamps by 25%

to 50%. All these light-stealing accumu-

lations can be removed easily and quickly with warm water and a bit of soap. Put the light you are now losing, yet

paying for, back on the job making

seeing easier, making your home brighter,

making reading, studying and housework easier and quicker.

It won't add a single cent to your

electricity bill, but it will add much to

the pleasure of living and the enjoyment

Keep your eyes in working

order. Provide them with

adequate light for easy

effortless seeing

of your home.

dirt, insects and grime accumulating on lamps, shades and reflectors, will often

Lieut-Gen. Dwight Eisenhower's training and experience are ideal for this particular job since this clear-cyed, steady professional soldier's entire background indicates clearly that he is best suited to ised at the control of the uate of the American Army industrial Coilege and ne has already proven his special worth in solving vital problems of modern mechanized warfare. He is a specially trained strategist and diplomat, graduating as the first man in his class at the Command General Staff School in 1926.

(1)

(cc

Follow This

5-Point Plan

For More Light Without Paying More For It.

Wash all reflecters and wash-able shades with warm water and seep. Here again, wiping with a damp cloth will net do a good job.

3 Make sure you have the proper sizes of buibs in every fixture.

Rearrange your furniture or lamps so that the most used souts have the best light avail-

Remove all bulbs and wash them in plenty of warm water and seep. A wipe with a damp cleth is NOT enough.

Why Britain Wants Lean, Not Fat Bacon

It Britain wants more bacon, why not feed hogs to much heavier weights or up to 300 hundred pounds or more? This is a question being commonly asked by many people throughout Canada, and it is a logical question, any officials of the Dominion Department of Agri-

culture. The answer is that Britain wants lean bacon because, due to shipping space boing instead, it is more exponential to the limited, it is more exponential to the limited, it is more exponential to the limited process. The second of the limited process of the limited process of the limited process of the limited process. The adjustment of the limited process process of the limited process p

sideration of post-war trade, their domand is even more insistent tu wartime because they want the minimum of loss in cooking.

The impressive fact is the British want lean bacon, and the highest percentage of lean bacon cannot be secured from heavy hogs—and so its a case of The man who pays he piper calls the tune."

Business Firms Seek Permits

Following the recent order of the Wartime Prices and Trade Board freezing Canadian business establishments at their present status, a number of applications for permits been received at regional and focal offices according to Walter S. Campbell, regional representative. "In each case Board offices are called upon to make a thorough investigation of reasons and need for enlargement and obunit a report to Ottawa, together with the cappitering of the control of the cont

At present in Canada, the bacon hog and the Wiltshire side are maj-or products. The first shipment of Wiltshire bacon from Canada occur-Wittshire bacon from Canada occur-ed about 60 years ago, but for more than 30 years the pig for pork has dominated Canada's swine produc-tion—Dr. G.S.H. Barton, Dominion Doputy Minister of Agriculture.

A diminution of tea sunpplies to North America has called attention to the South American evergreen tree, Make, which has been used for centuries in that continent as a beverage. Like tea it has a some-what bilter state, a liking for which has to be acquired.

SEEDTIME HARVEST'

CEERSGILL TO OTTAWA TREMESCHIL TO OTTAWA
Te is with mixed feelings that we
part company with Mr. T. B.
Pelceragill until the war is over. It
is very gratifying to us that the
Assistant Director of this Department should be selected for a
position of such importance and
responsibility; but some phases of
our own work will necessarily be
curtailed.

curtailed.

Mr. Fickersgull's task is connected with National Biosetive Service as it should be suffered to the property of the service of th

labour or distributing it more efficiently.

We are being any labed for still more filled and the still more than a still more than a still more than a still more are daily calling for more men. Many readers will be surprised to learn that the average age of them owners. As the still many are over 60 and some over 60 more filled to the still many are over 60 and some over 60. They cannot release their some their farm livestock.

Never before have we had such their farm livestock.

Never before have we had such its remains a still some some filled than the filled than

FARM ACCOUNT BOOK

FARM ACCOUNT BOOK
Farm accounts form a permanent
record of the business transactions
record of the pearly operation of
the farm. In order to assist the
tarmer in keeping such a record,
the King's Printer, Ottown. In
permanent of the same time
operations, and at the same time
of same time time time time
of the same time time time
operations and time time
operations.

en Lenses Replace Prescription or ple OUICK SERVICE

W. S. Playfair Agency for COAL AND WOOD Feed and Draying Phone 26, Opposite Depot

Dr. W. F. Keith Dentist

Phone 83 Bassano

Dr. B. E. Barlow * VETERINARIAN BASSANU - ALTA



The Gnu is an African antelope with a large ox-like head, a long mane, and horns which curve downwards and outward and then up.

Gisalso for

For a tried and true guide to satisfactory shopping, turn to EATON'S Catalogue. It's de-algoed to make your every purchase trouble-free and easy! Look through your Catalogue today. We know you'll be pleased with the wide varieties of goods offered and you'll find shopping by Mail the EATON'S way, a sat-isfying experience.

Shop from EATON'S Catalogue—

T. EATON CL

EATON'S

П YOU GET **Maximum Returns** ON YOUR GRAIN AT PACIFIC ELEVATORS

FOR THE BEST

In Quality Service and Comfort

TRY IMPERIAL Coffee -Shop-

E. J. DOWNS, Proprieter

ORPHEUM THEATRE

FRIDAY and SATURDAY November 20th and 21st VERONICA LAKE ROBERT PRESTON

THIS GUN FOR HIRE

Friday and Saturday SPENCER TRACY HEDY LAMARE JOHN GARFIELD

TORTILLA FLAT

Show Starts At 8 p.m.

CALGARY POWER COMPANY . SERVING ALBERTA ..

LOCAL MANAGER, H. E. RILEY, BROOKS

Church Announcements

Knox Presbyterian

Church

CHARLES F. LAINE, Pastor

St. Columbus Church BASSANO ALBERTA BEV. JAMES MORROW—PASTOR

Church of England BASSANO ALBERTA Sveryone cordially invited Rev. Selwyn Evans

Mille

Tin

ew Links With Alaska High

showing Alberta in on and making the inter-otorists all the more im

tant in this province.

Iberta's part in future developat will be discussed at the anI meeting of the Alberta Motor
ociation in Calgary on Dec. 12,

ROYAL

YEAST

CAKES

PURE..

MADE IN CAMADA DEPENDABLE

Patronize Federal Elevators

for Price and Service

DERAL



According to the last official report of the 1942 season, the Canadian apple crop is now set at 4,01,000 barrels, an increase of 19 per cent to the '941 crop, but 18 per cent below the two-year (1985-40) average of 4,812,800 barrels. rilling moment of a paratrooper's training comes with Here a few of the Camadians who took a full parachui-th the U.S. Army at Fort Benning, Ga., await the jump and to take off on their first jump. Ready to lead off is Montreal, French Canadian jumper.

FROM CANADA IS AIM OF AID TO RUSSIA FUND

head of Canada Packers, Ltd., with head our for in Toronto.

| The fund in Canada will provide an oppodumity to Canadians to express in a tangible form and in continuous measure, the admiration, gratitude and sympathy herber Russian people, the people who, as, Mrs. Churchill Tecently related, have set an unparalleled example to all of us.

*Russia's needs are so great that every-body's heigi is needed. The appliers behind the lines, the anglets behind the lines, the sand in the recoccupied territories need warm clothing, bods, bedding, foodstuffs, medical supplies. They need large quantities of these things and help to hern must go continuously.

and ness to nem must go continuously.

Many Lands Sending Ald
From Great Britain, United
States, the Argentine, Palestine,
Australia, New Zealand and South
American countries, citizens are
sending help continuously to Russia
This is done through both Red
Cross societies and volunary comcomments of the Cross and the Cross societies with
the Red Cross may not be
able to do. In Canada the Red Cross
Society last year collected, through
"up public appear, the sum of \$800,000,
and now the Canadian Ald to Russia Fund will promote on a custa
Fund will promote on a cu

and now the Canadian Aid to Russia Fund will promote on a continuous basis, aid to Russia activities throughout the Dominion. The aid-to-Russia movement in Britain has no parallel in any of the Allied countries. That movement has been described as the

In response to a widespread demot dynamic of the civilian war mand from all parts of Canada, a netivities among the British masses. Canadian Aid Rossus Fund has Everyone is participants in this been organized, under the chair—"work, from school-children who manship of Mr. J. Stanley McCanada—take part in the "penny-a-week" head of Canada Packers, Lid, with drive to the aged in institutions bedquarters in Twortio.

The Tund in Canada will prowide an opportunity to Canas—Rais \$18,000,000 in British and the control of the cont

Raise 310,000,000 in Britain

Mrs. Churchill's add-to-Russia
fund commerced in October of 1941.

It has to date collected 2,000,000

pounds (approximately 1,000,000,000

pounds (approximately 1,000,000

pounds (

Recently, at the request of the British jowernment, the Churchill fund sent to Russia 460,000 woollen garments for refugees restored to the regalined territory. This order was filled with the help of the British Women's Voluntary services. Mrs. Churchill has explained that Ars. Churchill has explained that articles, special methods of produ-tion had to be introduced and prior-tion had to be introduced and prior-ticles obtained from the British gov-ernment.

Convoys Get Through

Convoys Get Through
Ships bearing relief supplies to
Russia do get to their destination.
The British-admiralty, the United
States navy department and the
Russian government have all reported recently that none of the
convoys plying their way to Mur-

Good Market For Christmas Turkey

The Christmas market looks good for turkeys, says A. G. Taylor, who can be a seen of the control of the control

arade birds.

The special feeding of turkeys for the Christmas tunde should be started at once, any life. Trylor. Birds are started at once, any life. Trylor. Birds of the control of the vides some protection for them from cold winds and bad weather. Mr. Taylor, irecommends feeding the cold winds and be deader. Mr. Taylor, irecommends feeding the birds during line fattening period three times daily and the feed the cold will be dead main in the mornal and in the evening. A good mash is made of equal parts of ground oats, barley meal or ground oats, barley meal or ground wheat with ten per cent beef meal and 2 per cent beef meal and 2 per cent beef meal and 2 per cent beef meal should be most, but not sloppy, and the should be most, but not sloppy, and the should be most, but not sloppy, and the should have a statistic of the should be most been deadly and the should have the should be most been deadly and the should have been should be most profit can be obtained from the nearest obtained from the nearest obtained from the nearest obtained from the nearest of the should be sho

ed birda will be difficult to market-manak had been lost this summer Girve Canadiana Chance Rusia Fund Inc., has been organized to provide, on a confituing basis, an oppor-tunity to Canadian to send to the Russian people the body-warming clothing, the healing medicines, the heart-warming sympathy an a drivendably that they need in their how of crisis and suffering. A continuous control of the control for the control of the control of the Canada. By 'using ingenuity and goodwall. Canadians will be able to make and collect a warlety of neces-sities for the gallant people in the Soviet Union.

Sities for the gallant people in the Soviet Union.

The head office of the Canadian Aid to Russia Fund is room 205, 80 King St. W., Toronto. Contributions and inquiries may be sent there. Further information will be issued shortly.



EXTRA DRY (unsweetened) Gin, you can add or leave out-sweetdrinks, and suit every individual taste. Be a wise host-



is advertisement is not inser the Alberta Liquor Cont pard or by the Government of Province of Alberta

MANY TOWNS WANT RATION BOARDS

About 12 applications from towns local ration boards have applied to the regional supervisor of rationing. C. O. Morce, to have boards ab-bided. "All mich applications are joining given: thoughtful: considera-tion," Mr. McKee stated. Although boundaries of the present Boards have been set to include nearby towns in each district, it is possible that others may be established, ac-that others may be established, ac-"The enthutisam with which the reograms of the Warrine Prices and

ment, terms appares and and inquiries may be sent there, sent to Russia by Mrs. Church-bund.

sent to Russia by Mrs. Church-bund.

ently, at the request of the 1 government, the Churchill your scrap is needed for Victory!

Mrs. McKe notes.



GRAIN

DO YOUR CHRISTMAS SHOPPING EARLY THIS YEAR AS GODS ARE HARD AND GETTING HARDER TO GET IN ALL LINES.

GET HIM A JOHN B. STETSON IN BOTH DRESS OR COWBOY STYLE.

U. S. RIDING BOOTS, A NEW SHIPMENT JUST IN. FOR MEN,

A MICE SELECTION OF MEN'S AND WOMEN'S WRIST WATCHES, WRIST STRAPS, POCKET WATCHES, ALARM CLOCKS, RINGS AND OTHER NOV-BLTY JEWELLY AS WELL AS OVERSEAS GIFTS SUCH AS RAZORS, COMB AND BRUSH SETS

Make Your Christmas CAkes Early CHESHES, FRESH, JUST IN, CUT PEELS, NUTS, COCCANUT, GET YOURS WHILE THEY LAST

CARE PLOUR, EXTRACTS, ICING SUGAR, CAKE FROSTING AND DECORATIONS

ARRY A FULL LINE OF MEN'S A BOYS UNDERWEATHER COATS, WINTER FOOTWAR, FELT BOOTS, TTS, WOOL SOCKS, MEN'S HEAVY WORK SHIRTS, WEATERS IN ALL LINES AS WELL AS A GOOD STOCK OF COWEDY KING PAN'S OVERALLS AND SOME LEVI STRAUS

HAVE A NICE SELECTION OF MEN'S AND WOMEN'S CHILDREN'S HOUSE SLIPPERS. LOOK THEM OVER DIS DOLLA; FEDDY BEARS, CHOCOLATE BOXES. HRISTMAS CIGARETTES AND CIGARS AS WELL AS TOBACCOS







"We've discovered, and our friends have, too, that Bright's Concord Red Port Wine or Catawba White Sherry Wine is delicious with meals . . . always rich in taste, and never too costly."

Canadians everywhere are enjoying these choice wines with dinner. Bright's Wines owe their ripe, wholesome flavour to the choicest varieties of Cana-dian grapes, available only to Bright's.

Serve these grand wines whenever friends drop in-

Bright's CONCORD

CATAWBA WHITE SHERRY WINE

26 oz. - 75c 40 oz. - \$1.05 Gallon Jar - \$3.50 T. G. BRIGHT & CO. LIMITED, NIAGARA FALLS, ONT. LACHINE, QUE. REGINA, SASK.

ortisement is not inserted by the Alberta Liquer Centrel Moard or by

3.50 , 4.50

OWELS & FACE CLOTHS— Set done up in dainty gift package. TABLE CLOTHS—And bridge and breakfast sets, in a host of delight- 1.25 to 2.50 ful designs

ful designs

RUBBER FOOTWEAR— Men's

Women's and children's rubbers and overshoes.

WINDBREAKERS— Teen-age
boys, warm windbreakers.

Sizes 12, 14, 16.

2-45 Price BABY BLANKETS— Coxy & cute patterns for baby. Pink and blue. 95c to 1-35

GROCERIES

FRESH STOCK OF RAISINS, CURRENTS, PEEL, CHERRIES, PINEAPPLE RINGS, MIXED CAKE FRUIT, ALMOND PASTE. FRUITS and VEGETABLES

APPLES, GRAPERUIT, GRAPES, RIPE TOMATOES, LETTUCE CELERY AND SWEET POTATOES

James Johnston

Est. 1911 "The Quality Store"

39c , 95c



COMMUNITY CAMPAIGNS

TO PROMOTE NUTRITION SUGGESTED AS WAR JOB a new war job to lackle this winter why not start a local mutrition compaign? There is no doubt that national mutrition is a serious problem in Canada and that if is seriously undermulant be war effort of countries thousands by sapping their strength and lowering their efficiency. It is, up to volunterargous in cities, towns and regroups in cities, towns and regroups in cities, towns and read areas to help Canada's war effort

by raising the nutritional standards

by raising the nutritional standards in their communities. Here is the way to start a local campaign. Any group of persons invested in better nutrition should call together representatives of all committees. This committees can then severe assistance either from the Nutrition Committee on the Provincial Department of Jiesult or from Nutrition Services at Otiaya. Either of these organizations stands ready to tupply a constant flow of information, pam-

NOTICE

NOTICE

DUE TO THE CALLING OF OUR DELIVERY BOY FOR
ACTIVE MILITARY SERVICE, WE WILL MAKE NO FURTHER
DELIVERIES ON AND AFTER NOVEMBER 24-d.

PIONEER MEAT MARKET

S. HASKAYNE, Prop. BASSANO, ALBEBTA

Drugs and Stationery

STILES ME DRUGGIST

"THE REXALL STORE"

Baked Beans Are

dish of Norme baked beause for sup-per any chilly evening. Beause per any chilly evening, the second of the control of the white the other legumes, peas and lentits. There will more of the white narys and yellow eyed beans on the beau crock and prepare to serve these inexpensives and nourishins beau crock and prepare to serve these inexpensives and nourishins when you'bake beans be sure to make plenty to allow for second helpings all round and some extra. Left-over baked beans make de-ticous soup; mash the beans, edu-vogetable water, stock or milk and a little extra sessoning. They make grand andwich fillings to, mashed and moistened with a little chill sauce, or mixed with null, perfect in our school child's lunch box. Cold-beans did something different to a land bowl too.

Have you ever baked beans in the furnace? In these days of fuel conservation life a grand idea. The bean pot is set on the inside ledge of the furnace door; potatoes will bake there too;in some furnaces the ledge is too narrow to hold a bean pot so it's well to measure the ledge fact and the discharge of the furnace.

baked beam gives an certra sip.

Nayo or yellow eyed beam six
an excellent vegetable served in
tendo sauce or with mustard butter. They are good in salads, make
grand soup and oubstitute for me
in many tasty and inexpensive main
dishes. The home grown yellow
eyed and navy beams can be substituted for limas which are next and
tuted for limas which are next per
tried to the salads.

These recipes we tested by the
Consumer Seewion Lepartment of
Agriculture, Ottawa.

Seasible Beams

Consumer Section, Department of Agriculture, Ottawa.

Spanish Beans

1 onion, chopped

1 green pepper

2 tablespoons Dutanious

1 teaspoon Wircrester sauce

2 cups cooked, dried beans

1% cupe grated cheese
Fry onion and green pepper in
the butter, add tomatoes and cook
slowly 10 minutes, add beans and
seasonings and simmer slowly 20
minutes. Put beans and seasonings and simmer slowly and
easonings and simmer slowly and
easonings and simmer slowly and
easonings and simmer slowly of
minutes. Put beans and
easonings and simmer slowly of
minutes. Put in a moderate oven

(950 F) for 20 minutes. Serves six

generously.

Beans with Mustard Butter Sauce
2 cups cooked, dried beans
1 teaspoon dry mustard
1 teaspoon granulated sugar
4 teaspoon salt
4 tablespoons butter

4 tablespoons butter
2 esapons lemon julce
Mix mustard, sugar and salt, add
4 cup liquor from beans; add butter and lemon julce, simmer for 3
beans, heat throughly, Serves six.
Cream of Bean Serves six.
Cream of Bean Serves six.
Cream of Bean Serves six.
I small onion, chopped
1 stalk celegry, finely cut
4 tablespoons cooking fat
2 cups mild.
2 cups mild.

cups milk

teaspoon Worcester sauce sprig parsley

Sail
Cover beans with cold water.
Cover beans with cold water.
Saak over night. Then cook slowly
in covered saucepan. When beans
begin to soften add odions, and
celery and cook until tender, which
beans slightly. Melt fait in saucepan
blend in flour, add milk and cook
until thick and amooth. Add seasonings. Combine mixture and
bring to biglling point. Servés six:

philate and Ideas.

Some Canadian communities which are carrying on nutrition campaigns are already able to report definite improvement in nutritional standards. Various methods have been used with outstanding selves into small groups for a series of lectures under the leadership of trained Home Economists. School in special projects, grocers have armaged exhibits, empty store winness armaged architist, empty store with the series of the series o

"Lights Out" Save Power For War Industry



Andrew McKee

DRY GOODS DEPARTMENT

LADIES . . .

We carry a complete line of Silk and Liste Hose. From 85c to \$1.25 Newest Shades

A very nice selec-tion of Prints and Flannels

Flannelette Sheets

Manor cotton sheets

Wabasso pillow cases

MEN'S WEAR DEPARTMENT

A COMPLETE LINE OF WORK SHIRTS AND OVERALLS, ALSO DURABILT WORK SHOES THAT STAND FOR HONEST WEAR. ALL AT VERY MODERATE PRICES.

MEN!

If you are looking for Work Gloves, we have a full range to offer at Very Reasonable Prices!

CROCERIES

FRESH FRUITS

THE FRESH FRUIT SEASON IS GETTING WELL ALONG, BUT WE SHAL CARRY SMALL QUAN-TITIES AS LONG AS THE DEMAND WARRANTS.

AS USUAL WE CARRY A VERY COMPLETE LINE OF STAPLE GROCERIES, AT THE SAME MODERATE PRICES.

Pickling and canning season is about over. We still have a very complete line of all spices procurable

...

CALGARY BREAD, CAKES and BUNS FRESH EVERY MORNING

ALWAYS YOUR SERVICE



9